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News Release: Youth Leadership Summit

On Wednesday, March 8, 2017, the North Central District Health Department and the Area Substance Abuse Prevention (ASAP) Coalition hosted an Equine Leadership Training at the Bloomfield Harm and Tully Event Center. This event was attended by 8th-12th grade students from Niobrara, Santee, Pierce, and Bloomfield High Schools. Equine Leadership Training provides a dynamic process of building leadership and self-awareness skills through horse-human interactions. Throughout the training, students were encouraged to lead by example in their communities regarding substance-free lifestyles. Organizations like UC Berkeley's Haas School of Business, Institute for Women's Leadership, Visa Credit Card, Nike, Pfizer, and Cisco Systems have utilized Equine Leadership Training to better their companies. Melissa Dearthmont, a local Mental Health Counselor and an EAGALA Certified Equine Assisted Psychotherapist, facilitated the training. Melissa may be reached at the Midwest Country Clinic in Bassett, NE.

For more information, contact Whitney Abbott at North Central District Health Department at 877-336-2406.

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