

FOR IMMEDIATE RELEASE Jan 18, 2022 CONTACT INFORMATION: Allison Becker North Central District Health Department 1-402-336-2406

## 1/18/2022 NCDHD COVID-19 Updates

Public Service Announcement

North Central District Health Department (NCDHD) has been made aware of 494 new COVID-19 cases in the district since last reporting period on 1/10/2022.

**NCDHD NEW PANDEMIC CASE RATE/WEEK HIGH**. This week, NCDHD is reporting 462 positive COVID-19 cases the week of January 10, 2022-January 17, 2022. The previous case-rate/week high was 320 cases the week of December 13, 2020-December 20, 2020.

Get FREE at-home Rapid Antigen COVID-19 tests! Visit <u>covidtests.gov</u> to order yours. Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests. The tests are completely free-there is no shipping cost and you do not need to enter a credit card number. Orders will usually ship in 7-12 days. Order your test now so you have them when you need them! Visit <u>covidtests.gov</u> for more information.

Pfizer COVID-19 vaccination updates:

- **Pfizer shortens** the time between the completion of primary vaccination of the Pfizer COVID-19 vaccine and **booster dose to at least 5 months**.
- **Pfizer booster doses** approved for individuals **12+** by the U.S. Food and Drug Administration (FDA) through Emergency Use Authorization (EUA).
- A 3rd Primary Dose of Pfizer for individuals 5-11 years of age with immunocompromising conditions is approved through EUA. This third dose needs to be administered at least 28 days or longer following the second dose of the two-dose regimen. People should talk to their healthcare provider about their medical condition, and whether getting an additional primary shot is appropriate for them.

The full updated recommendation can be found on the CDC website:

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/Pfizer-BioNTech.html#:~:text=Booster%20Shot%3A%20Everyone%20ages%2012,BioNTech%20COVID%2D19% 20vaccine%20booster.

## COVID-19 ISOLATION PERIOD FOR POSITIVE INDIVIDUALS AND QUARANTINE PERIOD FOR EXPOSED INDIVIDUALS HAVE BEEN UPDATED.

If you test Positive for COVID-19, regardless of vaccination status:

- Stay home for at least 5 days
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Must continue to wear a mask around others for 5 additional days.
- If you have a fever, continue to stay home until your fever resolves.



If you were **exposed to someone with COVID-19, ARE FULLY VACCINATED** and have received your COVID-10 booster dose if eligible:

- Wear a mask around other for 10 days.
- Test on day 5, if possible.
- If you develop symptoms stay home and consider getting a test.

If you were exposed to someone with COVID-19 and are NOT fully vaccinated:

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.
- If you develop symptoms stay home and consider getting tested.

**NCDHD does not currently have J&J (Janssen) COVID-19 Vaccines available.** If/when J&J vaccines are available, NCDHD will notify media.

NCDHD has the following vaccination clinic times available for walk-ins during the noted times below. If interested in getting a COVID-19 vaccine or booster dose at your local hospital/clinic, please call your local hospital/clinic for their vaccine schedule and availability.

## **NCDHD Sponsored Clinics**

Week of Jan 18-Jan 24 2021			
NCDHD Office-422 E. Douglas St. O'Neill	all	9 a-4 p	20-Jan
Week of Jan 25-Jan 31 2021			
Ainsworth Community Center	all	2 p-5 p	25-Jan
Bloomfield Community Center	all	1 p-5 p	26-Jan
NCDHD Office-422 E. Douglas St. O'Neill	all	9 a-4 p	27-Jan

## NCDHD will be offering COVID, flu, Tdap, Pneumonia, and Shingles vaccines.

Case count update as of 1/18/2022 at 3:00 PM: 8,246 Total Cases (TC), 7,238 Recoveries (R), and 96 Deaths (D). There have been 750 Total Cases (TC) reported in the last 15 days. Case count update for the last 8 days: 494 Cases (C), 128 Recoveries (R), and 1 Deaths (D).

If interested in county-level data, the CDC has data available at <u>https://covid.cdc.gov/covid-data-tracker/#county-view</u> or on the DHSS website <u>https://datanexus-</u>dhhs.ne.gov/views/Covid/1 HospitalCapacity?:isGuestRedirectFromVizportal=y&:embed=y