

North Central District Health Department (NCDHD)

Antelope, Boyd, Brown, Cherry, Holt, Keya Paha, Knox, Pierce, and Rock Counties



\$23,151

FY24-25 MHI Award



4,240

MHI-eligible Residents



DISTRICT PROFILE

Total Population **44,254**

27% ages 0-19

24% ages 65 & up



5.3%

Veteran Population



13.4%

Persons with disabilities



10%

Speak languages other than English

9.6% Minority Population



MHI WORK PLAN

NCDHD focused on building relationships with residents by connecting directly at local businesses and gathering places. Staff created contact lists and shared health information through flyers. The team worked to reduce barriers by updating language access tools, expanding translation support, and reviewing programs to ensure they meet the needs of our residents.

COMMUNITY IMPACT

NCDHD engaged with residents in trusted spaces, from classes and meetings to local schools and food pantries. Partnerships with organizations expanded access, while improvements in translation, transportation, and preventive care strengthened community systems.

HIGHLIGHTS

150 Residents Reached

Community members participated in events, trainings, and outreach with additional families through schools, food pantries, and local partners.

100+ Spanish Resources Distributed

Cards with diabetes information were provided to families at food pantries. Flyers for English learner programs were distributed through high schools.

10+ Organizational Partnerships

New and expanded collaborations with organizations like the Society of Care and Nebraska Indian Community College.

District-wide Prevention Efforts

Regular vaccine clinics and blood pressure check stations continued to provide accessible preventive care.

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