

For Immediate Release: February 12, 2010
North Central District Health Department
Contact: Ann Fritz, Resource Development Manager –
(402) 336-2406



H1N1 Continues to be a Risk to your Health

O'Neill - The incidence of H1N1 influenza virus is still present in Nebraska, the United States and the world, even though we are not seeing large numbers of new cases at this time. From past pandemics, this is a normal pattern for novel influenza cases. Novel influenza tends to peak and taper off, and then become more prominent again occurring in waves that can last for a period of two years.

North Central District Health Department is continuing to hold free community clinics for H1N1 vaccinations. The vaccinations are available to anyone who would like to receive one.

Vaccination against the H1N1 influenza virus continues to be the best protection against influenza. As of January 30, 2010 there have been 10,956 doses of H1N1 vaccine administered in the nine counties served by North Central District Health Department. The age group of 25-50 continues to be the age group that may experience the influenza symptoms more severely. It is also important for parents to remember that if you have ensured your child's protection by being vaccinated, it is essential to protect yourselves by being vaccinated as well.

If you have questions about H1N1 influenza or please contact your local health care provider or call Peggy at 877-336-2406.

Information regarding upcoming H1N1 vaccination clinics can be found on the NCDHD website and listed on local radio stations and in local newspapers. If you need further information or have a specific question about an upcoming H1N1 clinic please contact Peggy Hart or Concey Ramold, 402-336-2406, at North Central District Health Department. You can also look at the NCDHD website www.ncdhd.ne.gov.

North Central District Health Department serves Antelope, Boyd, Brown, Cherry, Holt, Keya Paha, Knox, Pierce, and Rock Counties.