



## North Central District Health Department

422 E. Douglas St.  
O'Neill, NE 68763

# RESOURCE GUIDE



### State Level

To apply to get help with food, utilities, healthcare, childcare, and other needs

- <https://iserve.nebraska.gov/>

To find additional resources

- <https://www.findhelp.org/>
- <https://search.ne211.org/>

### Childcare

- <https://www.nechildcarereferral.org/>

### Food

- Foodbank for the Heartland hotline for SNAP/Food resources 1-855-444-5556

<https://foodbankheartland.org/food-resources/find-food/>  
SNAP <https://foodbankheartland.org/food-resources/snap/>

- WIC near you <http://signupwic.com/>
- USDA and TEFAP The Emergency Food Assistance Program 402-560-0480, Contact: Chad Mohr, [chad.mohr@nebraska.gov](mailto:chad.mohr@nebraska.gov), <https://www.fns.usda.gov/tefap/applicant-recipient>

### Transportation

- <https://www.nebraskatransit.com/map-of-providers>

### No medical emergency transport through Medicaid

- Nebraska Total Care, <https://www.nebraskatotalcare.com/members/medicaid/benefits-services/transportation.html>
- UHC - To schedule a ride for a UnitedHealthcare Community Plan member, please call 866-394-3984, Available 7 a.m. - 7 p.m. Central Time, Monday - Friday, <https://www.mymodivcare.com/>

### Health

- SAMHSA - Substance Abuse and Mental Health Services Administration, Hotline 1-800-662-4357
- Suicide Prevention 988
- Access Nebraska 1-855-632-7633, <https://dhhs-access-neb-menu.ne.gov/start/?tl=en>

### County Level

#### Boyd, Brown, Cherry, Holt, Keya Paha, Rock counties

- Central Nebraska Community Action Partnership - Programs include community health, early childhood, family outreach, and housing, <https://centralnebrascacap.com/our-programs/> O'Neill Office--202 South 10th Street--Phone: 402-336-4298

### Transportation

#### Brown county

- Avera St. Anthony's hospital 402-336-5176

#### Cherry county - transport only for Valentine

- Open Plains Transit 308-761-8747

#### Keya Paha county

- Avera St. Anthony's hospital 402-336-5176

#### Rock county

- Avera St. Anthony's hospital 402-336-5176



### Food



#### Brown county

- Long Pine Mobile, The Palace: 485 N Main St, Long Pine, NE 69217, 402-382-5272
- Zion Lutheran Church/Min. Assn., 318 E 4th St, Ainsworth, NE 69210, 402-760-1981

#### Cherry county

- Valentine Extra Helpings Food Pantry, Requirements: Please call partner for more information. 312 E Third St, Valentine, NE 69201, (402) 376-1886, Mon 9:00am - 12:00pm and 1:00 - 4:00pm, Wed 9:00am - 12:00pm and 1:00 - 4:00pm
- Saint John's Episcopal Church, 372 N Main St., Valentine, NE 69201. Open most Thursdays 10AM- 12PM (noon)
- Emergency Food Pantries - Berean Bible Church, Valentine; Circle C Market, Cody

#### Rock county

- Rock County Pantry, Requirements: Proof of residency in Rock County (no ID required to receive USDA/TEFAP food), 656 Sunrise Cir, Bassett, NE 68714, (402) 760-2180, Mon 3rd Mon of each month, 3:00pm - 6:00pm
- Emergency Food Pantry, Rock County Library, Bassett

### Mental Health



#### Rock county

- Midwest Country Clinic, LLC, 407 Clark St, Bassett, NE 68714, 402-684-2908

**Looking for more resources?**

**Call or stop by our office**

**402-336-2406**