March 4, 2023

The prevention of substance use and mental illness starts with you and your knowledge about these topics. This guide is designed to compile educational resources for the community on various substance use topics. Below are a number of available resources and links to access a educational materials on trending topics we are seeing in the communities we serve. We hope you find this information helpful. An updated version of this document can be found on our website at [www.ncdhd.ne.gov](http://www.ncdhd.ne.gov). Please click the topic below to be taken to the corresponding educational materials.

[**Websites**](#_Websites:_1)[**Opioids**](#_Opioid:)[**Cannabis**](#_Cannabis:_1)[**Moud**](#_MOUD)

[**Webinars**](#_Webinars)[**Narcan**](#_Narcan/Naloxone)[**Counterfeit Pills**](#_Counterfeit_Pills_1)

[**Fentanyl**](#_Fentanyl-)[**Campaigns**](#_Campaigns)

**Websites:**

[National-Council-Message-Guide-Getting-Candid-WEB.pdf (thenationalcouncil.org)](https://www.thenationalcouncil.org/wp-content/uploads/2021/11/National-Council-Message-Guide-Getting-Candid-WEB.pdf)

[Home (gncy.org)](https://gncy.org/)

[Warning signs | Power to the Parent](http://powertotheparent.org/be-aware/warning-signs/)

[StopOverdoseNebraska (stopodne.com)](https://stopodne.com/)

[Real Stories of Recovery | Florida Department of Health in Palm Beach (floridahealth.gov)](https://palmbeach.floridahealth.gov/programs-and-services/OD2A/Real-Stories-of-Recovery-in-Florida/index.html)

[Rescue Agency | Home](https://rescueagency.com/)

[Information About Illegal Drugs & Alcohol Abuse - Drug-Free World (drugfreeworld.org)](https://www.drugfreeworld.org/)

[Drug Overdose Prevention (ne.gov)](https://dhhs.ne.gov/Pages/Drug-Overdose-Prevention.aspx)

[Overdose Prevention | Drug Overdose | CDC Injury Center](https://www.cdc.gov/drugoverdose/prevention/index.html)

[Home | Song for Charlie | Non-Profit Charity](https://www.songforcharlie.org/)

[One Choice Prevention](https://onechoiceprevention.org/)

[DFi Home | Digital Futures Initiative | Digital Citizenship for Kids & Teens (dfinow.org)](https://www.dfinow.org/)

[SAMHSA - Substance Abuse and Mental Health Services Administration](https://www.samhsa.gov/)

<https://dontcallthepolice.com/>

[988 and the National Suicide Prevention Lifeline](https://dhhs.ne.gov/Pages/988.aspx)

[You For Youth // Drug and Alcohol Prevention Resources (ed.gov)](https://y4y.ed.gov/tools/drug-and-alcohol-prevention-resources/)

[Partnership to End Addiction | Where Families Find Answers - Partnership to End Addiction (drugfree.org)](https://drugfree.org/)

[Commonly Used Drugs Charts | National Institute on Drug Abuse (NIDA) (nih.gov)](https://nida.nih.gov/research-topics/commonly-used-drugs-charts)

[DrugFacts | National Institute on Drug Abuse (NIDA) (nih.gov)](https://nida.nih.gov/drug-topics/publications/drug-facts)

[Prevent Opioid Abuse and Addiction | HHS.gov](https://www.hhs.gov/opioids/prevention/index.html)

[Home | Bureau of Justice Assistance (ojp.gov)](https://bja.ojp.gov/)

[Home - COSSAP Resource Center (cossapresources.org)](https://www.cossapresources.org/)

[Downloads | it starts with one (getthefactsrx.com)](https://getthefactsrx.com/downloads#articles)

[Safe 2 Help Nebraska](https://www.safe2helpne.org/index.html)

[Webinars | National Center on Safe Supportive Learning Environments (NCSSLE) (ed.gov)](https://safesupportivelearning.ed.gov/events/webinars)

<https://www.dea.gov/education-prevention/community-outreach>

<https://www.campusdrugprevention.gov/>

<https://www.justthinktwice.gov/>

<https://www.operationprevention.com/>

<https://www.getsmartaboutdrugs.gov/>

<https://www.dea.gov/onepill>

[Danger of Counterfeit RX Drugs | You Think You Know (youthinkyouknowct.org)](https://www.youthinkyouknowct.org/)

* [What Every Parent and Caregiver Needs to Know About Fake Pills](https://www.dea.gov/sites/default/files/2022-09/DEA-OPCK_Parent%20flyer_V6.pdf), DEA
* [One Pill Can Kill](https://www.dea.gov/onepill), DEA
* [Fentanyl Fact Sheet](https://www.dea.gov/factsheets/fentanyl), DEA
* [Operation Prevention](https://www.getsmartaboutdrugs.gov/content/operation-prevention), DEA
* [Stop Overdose](https://www.cdc.gov/stopoverdose/index.html), CDC
* [WONDER Online Database](https://wonder.cdc.gov/mcd-icd10-provisional.html), CDC
* [HECAT: Module AOD Alcohol and Other Drug-use Prevention Curriculum](https://www.cdc.gov/healthyyouth/hecat/pdf/hecat_module_aod.pdf), CDC
* [Lozenge Label](https://www.accessdata.fda.gov/drugsatfda_docs/label/2011/020747s033lbl.pdf), FDA
* [Buccal Tablet Label](https://www.accessdata.fda.gov/drugsatfda_docs/label/2017/021947s019lbl.pdf), FDA
* [Fentanyl Patch Label](https://www.accessdata.fda.gov/drugsatfda_docs/label/2005/19813s039lbl.pdf), FDA

**Opioid:**

[Opioid Basics | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/basics/index.html)

First Aid for Opioid Overdoses online course- [Opioid Basics | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/basics/index.html)

[truth opioid education campaign increases knowledge, lowers stigma (truthinitiative.org)](https://truthinitiative.org/research-resources/substance-use/truth-opioid-education-campaign-increases-knowledge-lowers-stigma) Truth Opioid campaign

Addressing the Opioid Overdose Epidemic in the Emergency Department -- [Addressing the Opioid Overdose Epidemic in the Emergency Department | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/providers/training/emergency-departments.html)

Opioid Use and Pregnancy- [Opioid Use and Pregnancy | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/providers/training/pregnancy.html)

[Reducing the Risks of Opioids | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/providers/training/reducing-risk.html)

Addressing the opioid epidemic-[Applying CDC's Guideline for Prescribing Opioids | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/providers/training/overview.html)

**Opioid Training Initiative: Opioid Overdose Prevention & Response Training--** [**Opioid Training Initiative: Opioid Overdose Prevention & Response Training - University of Texas at Austin College of Pharmacy (learningexpressce.com)**](https://utpharmacyce.learningexpressce.com/index.cfm?fa=view&eventID=18752)

[Webinars – Opioid Education Foundation of America](https://opioideducationfoundation.org/webinars/)

[eLearning Courses | Opioid Learning Institute (opioidhealth.org)](https://opioidhealth.org/education-training/elearning-courses-for-providers/) This activity is intended for physicians, physician assistants, pharmacists, registered nurses, social workers and other healthcare providers engaged in the care of patients with opioid use disorder.

**Prescribing Opioids**

Opioid  [Prescribing Guideline Resources | CDC's Response to the Opioid Overdose Epidemic | CDC](https://www.cdc.gov/opioids/providers/prescribing/index.html)

**Cannabis:**

**Clearing the Smoke: Cannabis and Mental Health Effects Part I & Part 2**

**Description**

With cannabis becoming more readily available in multiple states, psychiatrists and other mental health professionals need to have the most updated information available on cannabis and to help patients make informed decisions. This activity will provide an overview and updates on cannabis use in patients, mental health impacts and clinical practice recommendations based on the latest research.

[Upcoming and On-Demand Webinars - AAAP](https://www.aaap.org/education/upcoming-and-on-demand-webinars/)

**MOUD**

[MOUD (Medication for Opioid Use Disorder) Best Practices (icsi.org)](https://moud.icsi.org/)

**Webinars**

[Buprenorphine Micro-induction](https://ihs.cosocloud.com/pw6bnz56t6vl/) - "Novel Buprenorphine Induction Strategies" (7/12/2021)

[Treatment in the ED](https://ihs.cosocloud.com/p2sqx59j40fc/?launcher=false&fcsContent=true&pbMode=normal) — "Treatment of Opioid Use Disorder in the ED: should it be a choice?" (11/12/2020)

[Mental Illness](https://ihs.cosocloud.com/p54960sudqja/?proto=true) — "Assessment and Treatment of Pain and Co-occurring Opioid Use Disorder in Individuals with Serious Mental Illness" (3/30/2020)

[MAT Resources](https://ihs.cosocloud.com/pmot8ejqfpjd/?proto=true) — "Implementing Integrated Medication Assisted Treatment Models – A Review of Resources" (2/4/2020)

[Treatment and Pregnancy](https://ihs.cosocloud.com/p8sw3t56uy34/?proto=true) — "Initiating Buprenorphine as Medication Assisted Treatment for Pregnant Women with Opioid Use Disorder" (9/30/2019)

**Narcan/Naloxone**

[Drug Overdose Prevention-Naloxone](https://dhhs.ne.gov/Pages/Drug-Overdose-Prevention-Naloxone.aspx) Nebraska Drug Overdose Prevention Information

[Naloxone DrugFacts | National Institute on Drug Abuse (NIDA) (nih.gov)](https://nida.nih.gov/publications/drugfacts/naloxone) What is Naloxone drug fact sheet

[Narcan Training No Video - GFPHD.pptx (live.com)](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.behavioralhealth.nd.gov%2Fsites%2Fwww%2Ffiles%2Fdocuments%2FShared%2520Community%2520Materials%2FNarcan%2520Training%2520No%2520Video%2520-%2520GFPHD.pptx&wdOrigin=BROWSELINK) PowerPoint done by North Dakota that talks about how to recognize overdose, recognize the progression of an overdose, and how to administer Narcan Nasal Spray

[LE Narcan Use (azdhs.gov)](https://www.azdhs.gov/opioid/documents/naloxone-power-point.pdf) – Use of Naloxone by law enforcement for Opioid Overdose PowerPoint done by Arizona Department of Health Services, some thing may be for Arizona only but good information

[Naloxone Training script (azdhs.gov)](https://www.azdhs.gov/documents/preparedness/emergency-medical-services-trauma-system/training/narcan-training-sample-script.pdf) Naloxone Training Scrip by Arizona center or Rural Health

[Naloxone Demo - YouTube](https://www.youtube.com/watch?v=gi42gS9EfkA&list=PLeL9ROmy1WLR_vJIDI84Q8bLuERJUufEx) Video by Arizona Department of health

[Narcan Administration Program for EMS Providers and Law Enforcement Officers | emstar.org](http://www.emstar.org/narcan) Narcan Administration program for EMS providers and Law enforcement

-[Resources for Parents and Educators](https://nida.nih.gov/research-topics/parents-educators), NIH

* [Free NARCAN Nasal Spray for Eligible Schools](https://nopn.org/resources/free-narcan-nasal-spray-for-eligible-schools)
* [NEXT Naloxone Program](https://www.naloxoneforall.org/)
* [Lifesaving Naloxone](https://www.cdc.gov/stopoverdose/naloxone/index.html), CDC
* [NARCANDirect.com](https://www.narcandirect.com/)
* [Free NARCAN® Nasal Spray High School Program](https://www.health.pa.gov/topics/Documents/School%20Health/NARCAN-for-High-Schools-May_2018.pdf)

**Counterfeit Pills**

[One Pill Can Kill (dea.gov)](https://admin.dea.gov/onepill)

**Fentanyl-**

[Facts about Fentanyl | Song for Charlie](https://www.songforcharlie.org/facts-about-fentanyl?fbclid=IwAR028If3NZ_CF6z6hU8SXrSTI9ujppurDYMz8igeF5d2ogpbp5YlxUYcWk8)

 Nebraska Pain Management Guidance Document

   <https://dhhs.ne.gov/DOP%20document%20library/Pain%20Management%20Pain%20Guidance.pdf>

 EMERGENCY: Hospitals Can Violate Federal Law by Denying Necessary Care for Substance Use Disorders in Emergency Departments [lots of other good resources here too]

  <https://www.lac.org/resource/emergency-hospitals-can-violate-federal-law-by-denying-necessary-care-for-substance-use-disorders-in-emergency-departments>

 OpiRescue

 <https://www.youtube.com/watch?v=zB0z4mgdj0o>  - Video about it

  <https://opirescue.com/download>          - Where to download the App

 Public Health and Safety Team (PHAST) Toolkit - Guidance for Data-driven Overdose Response Coordination Among Public Health, Criminal Justice, Law Enforcement, and First Responders

<https://www.cdcfoundation.org/sites/default/files/files/PHAST_Web_Toolkit_Pilot_Version_2.0_For_Dissemination.pdf>

[Lessons from the Field Webinar - Part 2: Preventing and Addressing Fentanyl Use | National Center on Safe Supportive Learning Environments (NCSSLE) (ed.gov)](https://safesupportivelearning.ed.gov/events/webinar/lessons-field-webinar-part-2-preventing-and-addressing-fentanyl-use)

[Lessons from the Field Webinar - Part 1: Knowing the Facts About Fentanyl | National Center on Safe Supportive Learning Environments (NCSSLE) (ed.gov)](https://safesupportivelearning.ed.gov/events/webinar/lessons-field-webinar-part-1-knowing-facts-about-fentanyl)

* [Middle School/High School Toolkit](https://www.songforcharlie.org/toolkit)
* [Fentanyl Fight Club (youth site)](https://www.fentanylfightclub.org/)
* [College Toolkit](https://www.songforcharlie.org/college-toolkit)

Fighting Fentanyl Video Series (English)

* [Episode 1, Part 1](https://youtu.be/HgeuchQiyR8)
* [Episode 1, Part 2](https://youtu.be/FesN_OCFO54)
* [Episode 1, Part 3](https://youtu.be/0lyfg4HlAD0)
* [Episode 2, Part 1](https://youtu.be/83wIdcAg2mw)

Fighting Fentanyl Video Series (Spanish)

* [Episodio 1, Parte 1](https://youtu.be/HVOWQeiNU38)
* [Episodio 1, Parte 2](https://youtu.be/NWrotvBKAbs)
* [Episodio 1, Parte 3](https://youtu.be/bygY6jKyA5s)
* [Episodio 2, Parte 1](https://youtu.be/JncL13Lw7xQ)

**Campaigns**

* [Victims Of Illicit Drugs (VOID)](https://stopthevoid.org/)
* [Dead On Arrival (Dominic Tierno)](https://youtu.be/iJgPmrLjkuo) [Video]
* [Beaverton School District – Fake & Fatal](https://www.beaverton.k12.or.us/departments/communications-community-involvement/fake-and-fatal)
* [Get Smart About Drugs](https://www.getsmartaboutdrugs.gov/)
* [Prevention Support Resources](https://www.getsmartaboutdrugs.gov/publications), Get Smart
* [Operation Prevention](https://www.operationprevention.com/)
* [Just Think Twice](https://www.justthinktwice.gov/)
* [Campus Drug Prevention](https://www.campusdrugprevention.gov/)
* [Hotline Numbers Resource Card](https://safesupportivelearning.ed.gov/sites/default/files/2023-01/Resource%20Card%20%28new%29.pdf)
* [Monitoring the Future](https://monitoringthefuture.org/)